



## HIGH-YIELD MED REVIEWS

### Case-Based Integrated Reviews

Case: 1

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32 yr old F with no PMH who comes into the clinic with symptoms of weight gain (25 lbs over the past 1.5 years), feeling tired, constipation, and feeling depressed at times.

- Medications:
  - Multivitamin
- Allergies: None
- Social history:
  - Denies smoking
  - Social use of alcohol
  - No IVDU
  
- VS: Afebrile, P = 72, BP = 142/91, Pulse Ox = 98% on RA; Weight = 184 lbs
- Physical Exam:
  - GEN: Overweight female in mild distress
  - NECK: Normal
  - CV/Pulm: Regular rhythm; Clear to auscultation bilaterally; no wheezes
  - ABD: Decreased bowel sounds, but not distension
  - EXTREMITIES: No edema, normal strength
  - SKIN: skin is warm to touch
  
- Imaging:
  - None
  
- ECG:
  - None
  
- Notes